

GMB Scotland In Social Care: Mental Health Survey Results

Question:

Has your employer contacted you about mental health support during COVID-19?



ANSWER CHOICES	RESPONSES
Yes	20%
No	80%

Question:

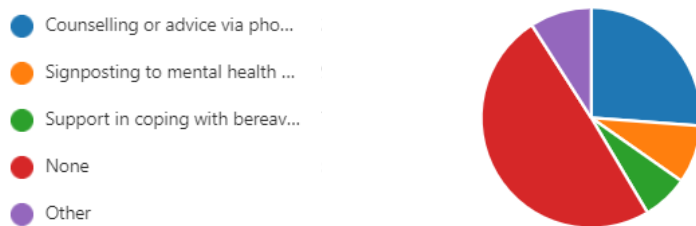
Do you think enough support is in place to help you cope with your mental health during the current COVID-19 crisis?



ANSWER CHOICES	RESPONSES
Yes	14%
No	86%

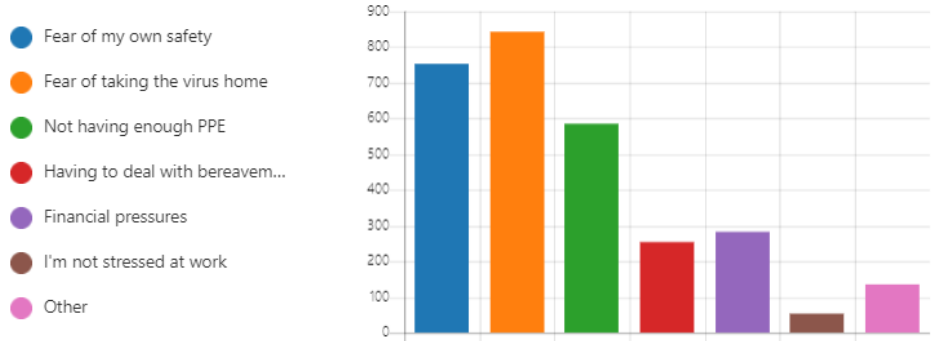
Question:

Which of the following measures are in place in your workplace? (Select all that apply.)



ANSWER CHOICES	RESPONSES
None	54%
Counselling or advice via phone or online	28%
Other	10%
Signposting to mental health charities / resources	7%
Support with coping with bereavement	7%

Question:
 What is causing you stress at work? (Tick all that apply.)



ANSWER CHOICES	RESPONSES
Fear of taking the virus home	84%
Fear of my own safety	74%
Not having enough PPE	58%
Financial Pressures	28%
Having to deal with bereavements	25%
I'm not stressed at work	5%
Other	13%

Question:

Would your work allow you to take time away from your shift to access urgent mental health support?



ANSWER CHOICES

RESPONSES

Yes

48%

No

52%

Question:

Do you feel that your work during COVID-19 has had a negative impact on your mental health?



ANSWER CHOICES

RESPONSES

Yes

80%

No

20%

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